# SPRING VALLEY May 2017 GRADES K-12 MENU 

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*     *         * Menu may change * * *
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## BREAKFAST PRICES X 22 DAYS

Grades K-12: \$1.85/day or \$40.70/month
Reduced: $\quad \$ 0.30 /$ day or $\$ 6.60 /$ month
Milk: $\quad \$ 0.40 /$ day or $\$ 8.80 /$ month
Adult: $\quad \$ 2.70 /$ day or $\$ 59.40 /$ month

## LUNCH PRICES X 22 DAYS

Grades K-5: $\quad \$ 2.60 /$ day or \$57.20/month
Grades 6-12: $\quad \$ 2.90 /$ day or $\$ 63.80 /$ month
Reduced: $\quad \$ 0.40 /$ day or $\$ 8.80 /$ month
Milk: $\quad \$ 0.40 /$ day or $\$ 8.80 /$ month
Adult:
$\$ 3.70 /$ day or $\$ 81.40 /$ month

Food Service Payments can be paid on-line.
Spring Valley Schools district home page, Family Access or On-line Payment buttons.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 |
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Bacon Pizza Boat | Breakfast Pizza | Bacon \& Egg Scramble | Pancake Bites | Apple Frudel |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
| Mini Corn Dogs | Tator Tot Hotdish | Pizza Fries | Chicken Chow Mein | Ham \& Cheese |
| Sweet Potato Tots | Breadstick | Marinara Sauce | Rice | Flatbread or Wrap |
| Baked Beans | Mixed Vegetables | Broccoli | Carrots | Sun Chips |
| Applesauce | Strawberry Cup | Juice Cup | Pineapple Tidbits | Corn <br> Mandarin Oranges |
| CHOICE <br> Burrito | CHOICE <br> BBQ Rib | CHOICE <br> Breaded Chicken Patty | CHOICE <br> Hamburger | CHOICE <br> Fish Sandwich |
| 8 | 9 | 10 | 11 | 12 |
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Oatmeal Chocolate | Breakfast Pizza | Bacon \& Egg Scramble | Pancake Bites |  |
| Chip Ubr Round |  |  |  | Applesauce |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
| Cheese or Pepperoni | Lasagna | Hamburger Gravy | Popcorn Chicken | Quesadilla |
| Round Pizza | Breadstick | Mashed Potatoes | Rice Pilaf | Fiesta Taco Beans |
| Cauliflower | Green Beans | Broccoli | Peas \& Carrots | Green Beans |
| Warm Apple Slices | Mixed Fruit | Dinner Roll Sliced Peaches | Sliced Pears | Applesauce |
| CHOICE <br> Meatball Sub | CHOICE <br> Pepperoni Pizza Rolls | CHOICE <br> Fish Nuggets | CHOICE <br> Eggroll | CHOICE <br> Ravioli w/ Breadstick |
| 15 | 16 | 17 | 18 | 19 |
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Bacon Pizza Boat | Breakfast Pizza | Bacon \& Egg Scramble | Pancake Bites | Apple Frudel |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
| French Toast | Soft Shell Taco | Salisbury Steak | Teriyaki Chicken | Italian Dunkers |
| Tri Tator | Refried Beans | Bread | Rice | Sauce |
| Sausage | Spanish Rice | Mashed Potatoes/Gravy | Green Beans | Carrots |
| Juice Cup | Sliced Pears | Fresh Spinach | Applesauce | Sliced Peaches |
| Blueberries |  | Cranberries |  |  |
| CHOICE | CHOICE | CHOICE | CHOICE | CHOICE |
| Breaded Pork Patty | Pizza | Shredded BBQ Pork Sandwich | Turkey \& Cheese Wrap | Breaded Chicken Patty |


| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| 22 <br> BREAKFAST <br> Oatmeal Chocolate Chip Ubr Round <br> LUNCH <br> Chicken Nuggets <br> Sweet Potato Fries <br> Broccoli <br> Juice Cup <br> CHOICE <br> Calzone | 23 <br> BREAKFAST <br> Breakfast Pizza <br>  <br> LUNCH <br> Sloppy Joes <br> Tator Tots <br> Green Beans <br> Warm Apple Slices <br> CHOICE <br> Chicken Alfredo | 24 <br> BREAKFAST <br> Bacon \& Egg Scramble <br> LUNCH <br> BBQ Rib <br> Baked Beans <br> Raw Veggies \& Dip <br> Sliced Pears <br> CHOICE <br> Brat | 25 <br> BREAKFAST <br> Pancake Bites <br> LUNCH <br> Chicken ala King <br> Biscuit <br> Peas <br> Strawberry Cup <br> CHOICE <br> Fish Sticks | 26 <br> BREAKFAST <br> Banana Bread \& Applesauce <br> LUNCH <br> Deluxe Nacho's <br> Refried Beans <br> Carrots <br> Applesauce <br> CHOICE <br> Peanut Butter \& Jelly Cheese Stick |
| $29$ <br> No School | 30 <br> BREAKFAST <br> Breakfast Pizza <br> LUNCH <br> Cheeseburger <br> Baked Beans <br> Curly Fries <br> Blueberries <br> CHOICE <br> Fish Sandwich | 31 <br> BREAKFAST <br> Bacon \& Egg Scramble <br> LUNCH <br> Baked Chicken <br> Dinner Roll <br> Potato Wedges <br> Peas <br> Craisins <br> CHOICE <br> Fruit \& Yogurt Plate w/ Muffin | 1 | 2 |

K-12 BREAKFAST INCLUDES: Milk, juice \& applesauce / ALTERNATIVE CHOICE: Cold cereal
K-12 LUNCH INCLUDES: Fresh fruit, salad bar, and milk choice (1\% white, white skim, and chocolate skim)
K-12 LUNCH: All sandwiches are served with whole grain bun or bread 6-12 LUNCH ALTERNATIVES: $3^{\text {rd }}$ choice item will be posted daily

You will be receiving a phone call from the Spring Valley Food Service Department when your family lunch account balance reaches $\$ 3.00$. If we are unable to reach you or leave a message, a letter will be sent.

## If your account reaches a negative $\mathbf{\$ 1 0 . 0 0}$ balance, NO more purchases will be allowed.

You can access your family lunch account through the school web site @ www.springvalley.k12.wi.us. If you should have any questions concerning your family account, please contact Amy Fisher at 715-778-5551 ext. 5109.

## Free and Reduced Breakfast/ Lunch Program:

All families are encouraged to fill out a free/reduced application. This helps our district in many areas, not just food service.
Remember a new application must be filled out every school year. If there is a change in income or household size throughout the school year a new application can be filled out.
School Year 2016-2017 applications are now available on our school web-site and school offices.

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